

STIGMA
AWARENESS
**MENTAL
HEALTH** ANXIETY
BENEFITS **WELLNESS**
THERAPY RESEARCH TRAUMA
TRUST PROGRESS
CLINICAL STABILITY EMOTIONS
PSYCHOLOGICAL **EMPLOYMENT**
DEPRESSION **TREATMENT**
INTEGRATED HEALTH **HOUSING**
SUICIDE RELATIONSHIPS HOLISTIC
COGNITIVE

2019 ANNUAL REPORT FROM OUR CEO

This past year Impact celebrated 30 years of Hope, Transformation, and Recovery. That is 30 years of offering participants with serious mental illness hope to see a life filled with possibilities. A new home. A fulfilling job. New relationships and avenues for stability.

A lot has changed since Impact was founded as Housing Options in 1988, but you have been there every step of the way. In the past year, your steadfast support and commitment to Impact's mission has allowed us to expand our reach and continue to make new connections in our community:

- ◆ On May 9th 2019, over 200 supporters attended Impact's 30th Anniversary Gala, raising more than \$150,000 to support Impact's housing, clinical, and employment programs. Thanks to the generosity of Impact's sponsors, 100% of proceeds from the night of the event went directly back to Impact's programming.
- ◆ Impact's Employment Services Program expanded its programs through new partnerships and innovative collaborations. This brought the IPS model of recovery through competitive employment to new populations in the North Chicagoland area.
- ◆ Impact's Housing and Clinical programs continued offering responsive services to participants while providing new opportunities for staff to train in advance practice methodologies, affirming their status as leaders in person-centered care and the Housing First model.



Without the generosity and support of our donors, Impact could not do this important work. You make hope, transformation, and recovery a reality. Thank you so much for inspiring our participants to work towards living full, productive, and independent lives for the past 30 years, and for many more years to come.

With gratitude,

A handwritten signature in black ink that reads "Pat Capra". The signature is written in a cursive, flowing style.

Chief Executive Officer

CLINICAL

- A total of **142** participants received clinical services
- Staff continued providing clinical services to **18** participants that successfully transitioned into their own living environment in the community
- All Clinical staff attended at least one advanced or specialized training



HOUSING

- Impact housed **69** total participants
- Of those housed, **12** participants were chronically homeless prior to entry, ending a combined total of over **42** years of homelessness
- Impact's participants were housed for a collective total of **21,414** nights



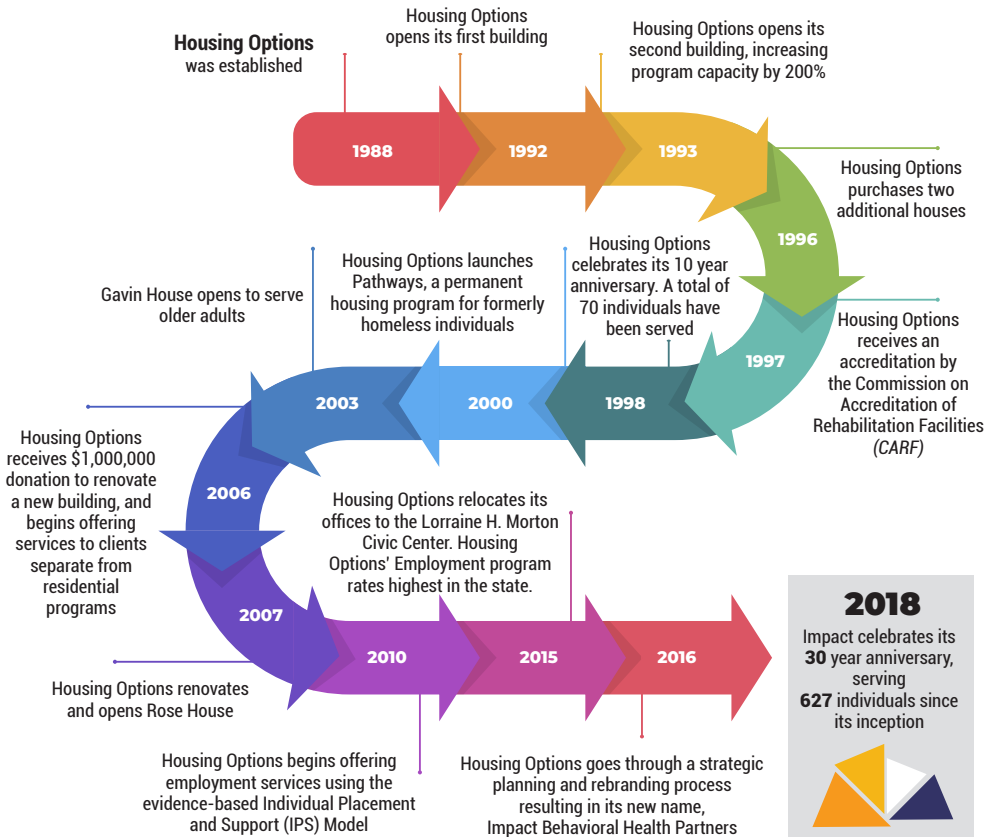
EMPLOYMENT

- The number of participants receiving employment services increased by **23%**
- **72** participants started new jobs
- Of those employed, **87.5%** remained at their jobs for 90 days or longer



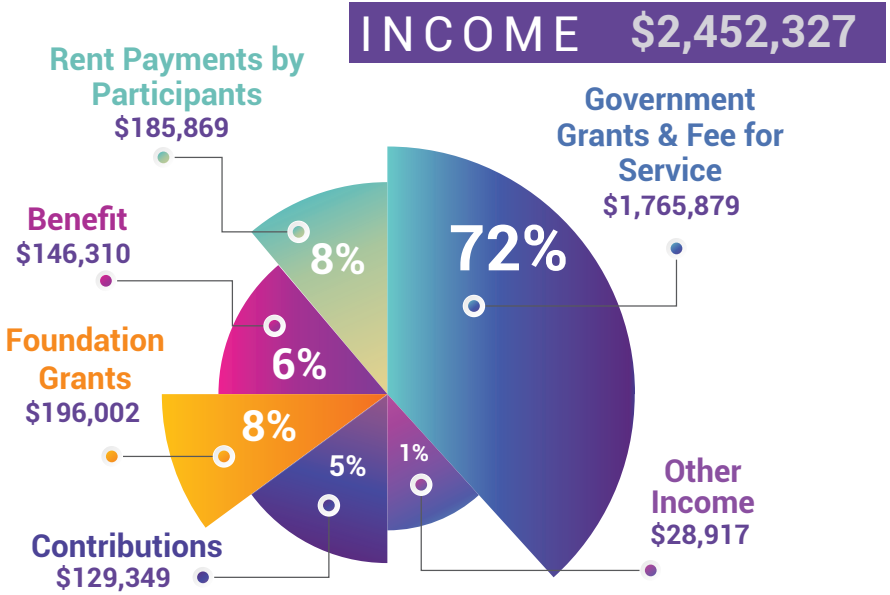
impact
Behavioral Health Partners

OUR TIMELINE

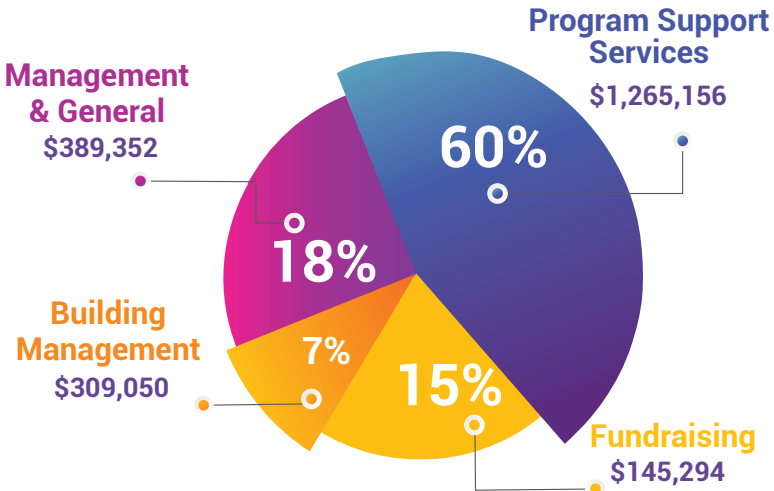


2019 ANNUAL REPORT

FISCAL YEAR 2019 OPERATIONS



EXPENSES \$2,108,851



SAM'S STORY

For those experiencing mental health issues combined with chronic homelessness, the process of moving into stable housing or engaging with mental health services isn't easy, despite the benefits of doing so. Change is difficult for many people, and the challenges of new experiences and making big decisions are amplified for individuals experiencing mental illness and chronic homelessness.

This past year, Impact was able to provide supportive housing to a large and diverse number of participants, but one individual, Sam, stood out for the barriers he overcame in order to receive housing and services. Sam's transition into permanent housing ended almost 20 years of homelessness, bouncing between short stints in shelters and living on the streets, sleeping in parks or on sidewalk benches.

The challenges of Sam's journey to housing began when he started engaging with Impact. He had experienced a significant level of trauma and abuse, which manifested as suspicion and mistrust of Impact staff. That made it challenging for him to feel safe and comfortable in his new apartment. Sam truly struggled with the transition from homelessness to housing--simply living indoors was a difficult adjustment. Impact's clinical services provided vital, compassionate support through this transition.

Impact's clinicians worked with Sam to meet him where he was at, building rapport and trust in a slow and patient way without threatening or judgement. Sam's clinician adjusted her approach and engagement to what he needed at that present moment. This meant several meetings only lasted a few minutes, but through consistency Sam and his clinician forged a foundation of trust. As time went on, Sam became more open and trusting of staff, eventually sharing his thoughts and feelings, and asking for help and support as needed.

Sam has now been housed for over six months. With this momentous transition behind him, Sam is continuing to move forward and focus on other areas of his recovery, including employment, health, and education.



OUR TEAM

FISCAL YEAR 2019

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THANK YOU

Donors

Impact is grateful to our many donors. Every effort is made to list donors accurately. We sincerely apologize for any omissions or errors in spelling. To update your record on file with Impact Behavioral Health Partners, please email Emily Young at eyoung@impactbehavioral.org. To donate to Impact please visit our website at www.impactbehavioral.org or mail a check to:
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Natalie Wainwright
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Northlight Theatre
Northshore Automotive
Northwest Passage

Cont.

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Paul and Rosalie Greenberger
Paul W. Larson
Pete and Carolyn Mattox
Peter and Sheila Hebein
Phyllis Bas
Phyllis Reynolds
Pierre and Kathleen Kriel
Revolution Brewing
Rhita Lippitz
Richard and Amy Sobin
Richard and Marilyn Leipsiger
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Roberta Folkestad
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Ruth Bittner and Paul Helman

S. Wolf and Associates
Sally Prager
Salvador and Gayle Mori
Sarah Miller
Sheila and Russ Haak
Sherry Caldwell
Sibyl Josephson
Sketchbook Brewing
SoulCycle North Shore
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